

NEW CRISIS HARBOUR

Opening soon!

For all residents of
Wigan and Leigh.

6-8 GEORGE ST, ATHERTON, M46 0EL

The Crisis Harbour is more than just a few hours of support - it's a place of connection, compassion, and community. Whether you're seeking someone to talk to, a warm cup of tea, or simply a calm space, our Harbour is here for you.

Opening Hours

Thursdays:
3pm - 11pm

Fridays:
3pm - 11pm

Saturdays:
12 noon - 6pm

Sundays:
3pm - 11pm

What to expect:

- ♥ Therapeutic environment staffed by trained peer supporters & volunteers
- ♥ Non-clinical support for mental health distress, self-defined or suicidal crisis
- ♥ Walk-ins welcome or book an appointment
- ♥ 1-1 & Group support available
- ♥ Alternative to A&E for immediate, compassionate care
- ♥ Safety planning & practical support
- ♥ Quick referrals to mental health assessment



EPICHOPE.ORG.UK | HELP@EPICHOPE.ORG.UK